



YMCA OF GLENDALE POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:15–9:45 A.M. 4–5 Lanes 1–2 Walk	7:15–9:45 A.M. 4–5 Lanes 1–2 Walk	7:15–9:45 A.M. 4–5 Lanes 1–2 Walk	7:15–9:45 A.M. 4–5 Lanes 1–2 Walk	7:15–9:45 A.M. 4–5 Lanes 1–2 Walk	8:15–9:45 A.M. 3–4 Lanes 1–2 Walk	10:00–1:00 P.M. 3–4 Lanes 1–2 Walk
CLOSED 9:45–10:00am	CLOSED 9:45–10:00am	CLOSED 9:45–10:00am	CLOSED 9:45–10:00am	CLOSED 9:45–10:00am	CLOSED 9:45–10:00am	
10:00–12:30 P.M. 3–4 Lanes 1–2 Walk	10:00–12:30 P.M. 3 Lanes 1–2 Walk	10:00–12:30 P.M. 3–4 Lanes 1–2 Walk	10:00–12:30 P.M. 3 Lanes 1–2 Walk	10:00–12:30 P.M. 3–4 Lanes 1–2 Walk	10:00–11:45 A.M. 3–4 Lanes 1–2 Walk	
CLOSED 12:30–1:00pm	CLOSED 12:30–1:00pm	CLOSED 12:30–1:00pm	CLOSED 12:30–1:00pm	CLOSED 12:30–1:00pm	CLOSED 11:45–1:00pm	
1:00–3:00 P.M. 4–5 Lanes 1–2 Walk	1:00–3:00 P.M. 4–5 Lanes 1–2 Walk	1:00–3:00 P.M. 4–5 Lanes 1–2 Walk	1:00–3:00 P.M. 4–5 Lanes 1–2 Walk	1:00–3:00 P.M. 4–5 Lanes 1–2 Walk	1:00–3:45 P.M. 4–5 Lanes 1–2 Walk	
3:00–8:00PM Swim Lessons Swim Team	3:00–8:00PM Swim Lessons Swim Team	3:00–8:00PM Swim Lessons Swim Team	3:00–8:00PM Swim Lessons Swim Team	3:00–8:00PM Swim Lessons Swim Team		
				(Family Swim: 4:15 – 5:45pm)		
8:00–9:25 P.M. All Lanes	8:00–9:25 P.M. All Lanes	8:00–9:25 P.M. All Lanes	8:00–9:25 P.M. All Lanes	8:00–9:25 P.M. All Lanes		

Lap swim is maximum 50 minutes once per day for adult swimmers age 18 and up. Swim team level swimmers age 17 may swim laps under special circumstances. They must get approval from aquatics director in advance. Youth willing to practice laps may sign up for advance swim lessons and practice laps under instruction. (Check the swim lesson schedule)

If changing in cabanas, please exit the pool 15 minutes prior to closing time.